

Dobrudžanska Tropanka

(Bulgaria)

A “stamping” dance from the Silistra region of N.E. Bulgaria which is related to other Tropanka, Ruka, and Sborinka dances from Dobrudža. The dance was learned from a village group at the Koprivštica Festival, 1986.

Pronunciation: doh-broo-DJAHN-skah TROH-pahn-kah

Music: Kotansky 1999 Camp Tape

2/4 meter

Formation: Open circle, hands joined in W-pos.

Meas

Pattern

INTRODUCTION

DANCE

- 1 Facing slightly R of ctr, step fwd on R (ct 1); step fwd on L (ct 2).
- 2 Turning to face ctr, step on R to R, bringing arms fwd and down (ct 1); step on L next to R (hands reach a position low and in back)(ct &); step on R to R, beginning to face slightly L of ctr, arms moving fwd and up, returning to W-pos (ct 2).
- 3-4 Repeat meas 1-2 with opp ftwk and direction.
- 5-8 Repeat meas 1-4.
- 9 Facing ctr, step fwd on R (ct 1); step fwd on L beside R (ct &); step fwd on R (ct 2).
- 10 Repeat meas 9 with opp ftwk and direction (backing away from ctr).
- 11-12 Repeat meas 9-10.
- 13 Moving twd ctr, step fwd on R (ct 1); scuff L beside R (ct &); step fwd on L (ct 2); scuff R beside L (ct &).
- 14 Step fwd on R with accent (ct 1); step fwd on L with accent (ct &); step fwd on R with accent (ct 2).
- 15 Backing away from ctr, step bkwd on L (ct 1); step bkwd on R (ct &); step bkwd on L (ct 2).
- 16 Stamp R beside L (no wt) and pump arms slightly (ct 1); repeat stamp (ct 2).

Variations:

During “&” cts of meas 1-8 where no action is taking place, a scuff can be added (i.e., meas 1: cts 1&, 2&; meas 2: ct 2&, etc.

During meas 14: Jump on both ft shldr-width apart (knees together) (ct 1); squat onto both ft together (ct 2).

Presented by Stephen Kotansky